



INDIAN SCHOOL RUSTAQ
SYLLABUS FOR THE ACADEMIC YEAR – 2025 – ‘26
CLASS: BALVATIKA

| Area of Development | Term I (April to September) | Term II (October to March) |
|--|---|--|
| <i>Language Development</i> (<i>English – Oral</i>) | <ul style="list-style-type: none">- Rhymes, action songs, simple stories, instructions- Vocabulary: myself, body parts, fruits, animals, my family members and their names- Alphabet sounds A–M- Self-introduction | <ul style="list-style-type: none">- Rhymes and stories with values- Vocabulary: vegetables, flowers, weather, vehicles- Alphabet sounds N–Z- Speaking in simple sentences |
| <i>Pre-Math Concepts</i> | <ul style="list-style-type: none">- Numbers counting from 1–5- Shapes: circle, square, triangle- Colors: red, yellow, blue, green, orange, black and white- Concepts: big/small, tall/short | <ul style="list-style-type: none">- Numbers 1–10 or 1–20- Shapes: rectangle, oval, heart.- More colors: pink, purple, brown, sky blue- Positions |
| <i>General Awareness (EVS)</i> | <ul style="list-style-type: none">- Myself, Family, Home, School- Pet animals- Helpers- Good habits and manners | <ul style="list-style-type: none">- Fruits & Vegetables, Transport, Weather, Festivals- Basic safety rules |

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| | - Hygeine | - Seasonal discussions |
| <i>Motor Skills Development</i> | <ul style="list-style-type: none"> - Gross: running, jumping, hopping - Fine: crayon and pencil holding, clay play, folding, sorting, identifying | <ul style="list-style-type: none"> - Gross: obstacle race, ball play, climbing - Fine: drawing, tracing, cutting, beading |
| <i>Creative Activities</i> | <ul style="list-style-type: none"> - Scribbling, Colouring - Finger painting, Palm painting, Spooning, Sponge dabbing, Vegetable printing, Transferring, Sponge printing, Pouring (dry & wet), Tearing and Pasting, Zipping, Buttoning, Balancing - Singing and dancing | <ul style="list-style-type: none"> - Freehand drawing, collage - Festival songs, role plays - Fancy dress, storytelling |
| <i>Life Skills and Social-Emotional Growth</i> | <ul style="list-style-type: none"> - Greetings and interaction, snack time - Sharing, tidy-up routines - Expressing emotions | <ul style="list-style-type: none"> - Independent eating and dressing - Expressing feelings - Group tasks, multi-step instructions |

Term I: April to September

Language Development (English – Oral and Writing)

1. Recite rhymes like *Twinkle Twinkle, Johny Johny, Rain Rain, ABCD songs and action songs like Baby Shark, Wheels on the bus, The Singing Walrus.*
2. Storytelling using puppets, felt boards, and picture books.
3. Vocabulary building: Myself, My family, body parts, pets.
4. Alphabet sounds A–M introduction with phonics songs.
5. Name and object identification and sorting games

Writing Skills:

1. Tracing standing, sleeping, and slanting lines.
2. Sand tray and Air writing with fingers.
3. Dot-to-dot patterns and large letter tracing.

Activities:

- Alphabet colouring pages.
- Letter treasure hunt.
- Matching letters to pictures.
- Story bag activity

Pre-Math Concepts

1. Learn numbers 1–5 through finger play and rhymes.
2. Shape recognition: Circle, square, triangle with real objects.
3. Colour identification: Red, blue, green, yellow, orange, black and white.
4. Size concepts: Big/small, tall/short using toys.

Writing Skills:

1. Number tracing 1–5 on large sheets.
2. Number puzzles and sticker matching.

Activities:

- Shape sorting basket.
- Count the blocks game.
- Hop on the number mat.

General Awareness (EVS)

1. Introduction to myself, my family, and my home.
2. Learn about community helpers and pet animals.
3. Basic good habits (brushing, greeting, hand washing, face washing).

Activities:

- Make a family photo collage.
- Helper dress-up day.
- Role play: Going to school, visiting the doctor.

Motor Skills

Gross Motor Skills:

1. Jumping, crawling, balancing on lines.
2. Animal walk games (frog jump, bear walk).

Fine Motor Skills:

1. Clay molding (fruits and letters).

2. Bead threading and stacking blocks.

3. Scribbling with crayons.

Activities:

- Buttoning/unbuttoning practice shirts.
- Zipping and unzipping.
- Pick-and-place games with tongs.

Creative & Performing Arts

1. Scribbling and colouring with big crayons.

2. Vegetable stamping and finger and palm painting.

Activities:

- Make-your-own puppet.
- Dance with props (scarves, ribbons).
- Simple song enactment.

Life Skills & Social Development

1. Learning to greet, say thank you, welcome and sorry.

2. Waiting for turns in play.

3. Recognizing emotions using face flashcards.

Activities:

- Clean-up song and activity.
- Emotion mirror game.
- Snack sharing circle.

Term II: October to March

Language Development (English – Oral and Writing)

1. Rhymes with themes (weather, animals, transport).

2. Story sequencing using cards.
3. Vocabulary building: Fruits, vegetables, weather, festivals.
4. Alphabet sounds N–Z with storytelling and phonics games.

Writing Skills:

1. Tracing uppercase letters A–Z.
2. Rainbow letter tracing with crayons.
3. Writing letters in salt trays or finger paints.

Activities:

- Alphabet scavenger hunt.
- Show and tell (my favorite fruit, toy).
- Sound sorting games (beginning sounds).

Pre-Math Concepts

1. Numbers 6–10 or up to 20 via stories and clapping games.
2. Shapes: Rectangle, Oval, Heart.
3. Colours: Pink, Purple, Brown and Sky blue
4. Concepts: Heavy/light, long/short.

Writing Skills:

1. Tracing numbers 6–10 with dot guides.
2. Drawing shapes inside big outlines.

Activities:

- Dice games with number jump.
- Count and clip cards.

- Shape collage art.

General Awareness

1. Fruits, vegetables, transport types, weather, festivals.
2. Safety rules (crossing road, not talking to strangers).
3. Dressing for weather (raincoat, woolens).

Activities:

- Seasonal dress-up day.
- Transport sorting game.
- Days celebration activities.
- Festival-themed craft (e.g., Diya, Diwali, Christmas star).

Motor Skills

Gross Motor Skills:

1. Skipping,
2. Hopping on one foot.
3. Balancing beanbags.
4. Running.

Fine Motor Skills:

1. Lacing cards with numbers and shapes
2. Paper tearing and pasting.
3. Cutting along lines with child-safe scissors.

Activities:

- Sandpaper letter rubbing,

- Spoon & ball relay race.

Creative & Performing Arts

1. Drawing scenes (sunny day, traffic, garden).
2. Collage making with grains, paper, and leaves.

Activities:

- Mask making for story time.
- Dress-up as story characters.
- Music and movement circle time.

Life Skills & Social Development

1. Independence in dressing and washing hands.
2. Role-playing daily chores (packing bag, cleaning table).
3. Practicing sharing and caring.

Activities:

- ‘Helper of the Day’ badge.
- Group mural painting.
- Birthday celebration role-play.